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SOLAR HOUSEHOLD ENERGY

Solar Cooking for Human Development and Environmental Relief

SHE Backs Solar Cooking in Stressed Philippine Communities



Children waiting to enjoy a solar cooked meal from KKFI Staff

Youth in two marginalized Philippine communities have learned how to cook low-cost nutritious food with solar cookers, thanks to financial support from Solar Household Energy. The project was a part of the U.S. State Department's [Young Southeast Asian Leadership Initiative](#). SHE worked with [Brainfood](#), a Washington, DC-based nonprofit dedicated to youth culinary education, to provide some of the equipment used in the project, administered locally by the [Kapatiran-Kaunlaran Foundation Inc](#) (KKFI.)



Cemetery residents prepare a solar-cooked meal

This project aimed to reach some of the most marginalized communities in the Philippines. They worked with families who reside in the Pulilan dumpsite, the Manila North Cemetery, and with unemployed and at-risk youth at the Gilead center. This project not only demonstrated solar cooking for clean and affordable cooking at home, but has the possibility to use these devices to prepare food for sale.

After learning about Mr. Dayao's desire to promote solar cooking within these communities, Solar Household Energy donated 2 Sun and Ice Parabolic cookers in support of this project. A third donation of a SolSource parabolic cooker allowed the project to provide even more training and meals in these communities.

Over the course of 2 weeks, 195 young adults and 75 mothers were shown how to use parabolic solar cookers to prepare the traditional Filipino foods they already enjoy. 240 people were able to enjoy solar cooked food during this project.

From Mr. Dayao:

Business opportunities continue to be a theme that resonates with the populations we've worked with. Moving forward, we hope to continue to work with some of the women leaders at Manila North Cemetery to create a community use agreement, build a structure to house the cooker, and expose more community residents to the process of cooking with the sun.



Parabolic solar cookers in the Manila North Cemetery

SHE looks forward to hearing the continued success of Mr. Dayao and KKFI in promoting solar cooking to help these communities!

Please consider supporting SHE in our effort to promote solar cooking around the world



Have a favorite solar cooker recipe?

Email us your recipe with a photo of your solar cooker in action for a chance to be featured in our newsletter and on our facebook page

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Join our Meetup group to learn about upcoming solar cooking events





Children enjoy solar-cooked food with Mr. Dayao of KKFI

To support SHE's mission to promote solar cooking with our partners around the world, [click here.](#)

Solar Household Energy

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Unleashing the potential of solar cooking for health, development and the environment,
and delivering it to those whom it can benefit most

[Parabolic cookers in the Manila North Cemetery](#)

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