



# Solar Household Energy

Solar cooking for Human Development and Environmental Relief

## 2019 Spring Newsletter

Dear friends,

Thanks to your contributions, Lorena Harp's solar cooker social enterprise in Oaxaca, Mexico, is flourishing. Over 150 women are benefitting from the Haines solar cooker they purchased for \$25, while reducing deforestation and climate change. One of these customers is Macedonia, who explains how solar cooking has changed her life in the video below.



**Picture links to YouTube video.**

Macedonia, a customer of Lorena Harp's solar cooker social enterprise in Oaxaca, launched with SHE's support, describes how her Haines solar cooker is helping her save food, money and time.

**Join us!**

### Climate Change Symposium

Changing by degrees: Multidisciplinary approaches to Climate Change

National Academy of Sciences Auditorium  
Friday, May 3, 9:00 AM - 4:30 PM  
Sign up for this free event at [Eventbrite.com](https://www.eventbrite.com)

This Climate Change Symposium will feature speakers and presentations/posters from organizations from diverse fields, to provide a framework for understanding climate change and engaging in a conversation with a range of climate leaders.

SHE is honored to present a scientific poster on the Oaxaca ambassador-led Haines solar cooker social enterprise project. We hope to see you there!

With great relief we announce that Congolese refugee Lunda Vicente, a great long-time friend of SHE and solar cooking champion, has survived typhoid fever contracted in the recent cyclone Idai and resulting floods. Lunda is trapped in extreme poverty in Tongogara refugee camp in Zimbabwe. 100% of proceeds from purchases of his [artwork](#) will be sent to him.



**Left:** Lunda Vicente, solar cooking champion, living in Zimbabwe refugee camp

**Right:** Examples of Lunda's artwork. See more [here](#).

## Donate to Solar Household Energy!



**Send a check to:**  
Solar Household Energy  
c/o Richard Stolz  
5 Lochness Ct.  
Rockville, MD 20850-2950

### What your contribution can provide:

**\$40** = Training of a solar cooking ambassador in a rural Mexican village, and the means to effect change within their community.

**\$75** = Three solar cooker kits for three families, and a smoke free environment.

**\$150** = Four solar cookers and long-term follow-up for four families, and a means to self-sustainability.

**\$500** = A month's worth of solar cooking social enterprise start-up costs, and enhanced capacity and livelihood.

For more information, please send inquiries to: [inquiries@she-inc.org](mailto:inquiries@she-inc.org)

On April 7, SHE's Executive Director Sophie Lyman and SHE Board member Margarita Battle were interviewed by Emerald Planet TV. The first segment (min 1-13) is an introduction to solar cooking. In Segment 2 (min 16-29), Margarita discusses Lorena Harp's social enterprise in Oaxaca, Mexico. In Segment 3 (min 30-43), Sophie describes the University-level solar cooking course being developed at University of Notre Dame of Haiti at Hinche in partnership with 10 organizations. In Segment 4 (min 45-58), Sophie dives deeper into solar cooking and SHE's projects.



Picture links to YouTube video. Margarita Battle, SHE Board member and Mexico native, is interviewed by Dr. Sam Hancock on Emerald Planet TV regarding SHE's ambassador-led social enterprise project in Oaxaca.

Nearly half the world population relies on three-stone fires or primitive stoves, burning dirty fuels, to meet their basic cooking and water sterilization needs. Your generous contributions through [Network for Good](#) or [AmazonSmile](#) helps free them of this dangerous and debilitating burden.

Your support will help us empower more people like Macedonia and Lunda Vicente to change their lives for the better thanks to solar cooking. Please make a contribution today.

Thank you!



Sophie Lyman, Executive Director, and the SHE Team

Solar Household Energy is a 501(c)3 non-profit. Please like us on Facebook, join our Washington, DC area solar cooking meetup group, follow us on Twitter @SolarHouseholdEnergy, and check out our website: [www.solarhouseholdenergy.org](http://www.solarhouseholdenergy.org)

