



Solar Household Energy

Solar cooking for Human Development and Environmental Relief

Spring, 2019

Dear Friends,

Success! Lorena Harp's solar cooker business in Oaxaca, Mexico, is now flourishing. Guided and supported with your contributions to SHE, Lorena based her entrepreneurial efforts on the social enterprise of promoting solar cooking, and is growing the business and impacting climate change. Over a hundred women are benefitting from the Haines solar cookers

<https://www.hainessolarcookers.com/> they purchased for \$25. See below for testimonial from Macedonia, one of Lorena's most enthusiastic Ambassadors, who explains how solar cooking has changed her life. Visit Lorena Harp on Facebook

<https://www.facebook.com/CocinerosSolares/>



That's what I like about using this solar pot.

This Picture links to YouTube video.

Macedonia, a customer of Lorena Harp's solar cooker social enterprise in Oaxaca, launched with SHE's support, describes how her Haines solar cooker is helping her save food, money and time.

With great relief we announce that Congolese refugee Lunda Vicente, a great long-time friend of SHE and his own solar cooking champion, has survived typhoid fever contracted in the recent cyclone Idai and resulting floods. Lunda is still trapped in extreme poverty in Tongogara.



Picture links to YouTube video.

Left: Lunda, Vicente, a Congolese man living in a Zimbabwe refugee camp.

Right: An example of Lunda's artwork. See more [here](#).



Donate to Solar Household Energy!



What your contribution can provide:

\$40 = Training of a solar cooking trainer/distributor (ambassador), and the means to effect change within their community.

\$75 = Three solar cooker kits for three families, and a smoke free environment.

\$150 = Four solar cookers and long-term follow-up for four families, and a means to self-sustainability.

\$500 = A month's worth of solar cooking social enterprise start-up costs, and enhanced capacity and livelihood.

Volunteer and internship opportunities in:

- technology research
- local education/demos
- field project support
- administrative support
- fundraising
- website/social media
- writing/editing

For more information, please send inquiries to: inquiries@she-inc.org

In April, SHE's Executive Director Sophie Lyman and Board Member Margarita Battle appeared on Emerald Planet TV. You can run the video by mousing over the photo below, Ctrl +click. The first segment (min 1-13) is an introduction to solar cooking bringing out important aspects of this positive solution. In Segment 2 (min 16-29), Margarita discusses Lorena Harp's social enterprise in Oaxaca, Mexico, showing visually how children are learning to make cakes, and everyone in the family can join in. Growth and expansion in Oaxaca will include producing the materials in Mexico. In Segment 3 (min 30-43), Sophie describes the University-level solar cooking course being developed at University of Notre Dame of Haiti at Hinche in partnership with 10 organizations. In Segment 4 (min 45-58), Sophie dives deeper into solar cooking and SHE's projects.



Margarita Battle is interviewed by Sam Hancock on Emerald Planet TV – picture links to video.

Nearly half the world's population rely on three-stone fires or primitive stoves, burning dirty fuels, or foraging for wood to meet their basic cooking and water sterilization needs. Your generous contributions to SHE through [Network for Good](#) and now through [AmazonSmile](#) help free them of this dangerous and debilitating burden while sparing the climate.

Your support will help us empower more people like Macedonia and Lunda Vicente to change their lives for the better thanks to solar cooking. Please make a contribution today. If you want to send a check, or if you want to contact us for any reason, please email inquiries@she-inc.org.

Thank you!



Sophie Lyman, Executive Director, and the SHE Team

Solar Household Energy is a non-profit 501(c)3 organization based in Washington, DC. Like us on Facebook, or chime in on Twitter @SolarHouseholdEnergy.