



# Solar Household Energy

Solar cooking for Human Development and Environmental Relief

2019 Fall Newsletter

## Giving Tuesday

Dear Friends,

We thank you so very much for your continuing support. On this Giving Tuesday, we welcome your contributions especially. Solar Household Energy, or “SHE,” helps to get solar cookers into the hands of solar cooks who are making a difference personally, locally, and globally. We do this by fostering solar cooker social enterprises and advancing education in our current projects in Mexico, Haiti, and Uganda.



Solar cooking entrepreneur Lorena Harp, supported by SHE, continues to empower rural women to become “ambassadors” to promote and sell Haines solar cookers in their communities in Oaxaca, Mexico. One of these ambassadors, Bibiana Hernandez, stars in the [training video](#) below, created as a new cost-effective approach to support ambassadors in their training efforts.



**Picture links to YouTube video.**  
Training video on Haines solar cooker assembly and usage, starring Bibiana Hernandez, a social enterprise ambassador in Oaxaca, Mexico.

SHE and Lorena’s humanitarian work providing solar cookers to areas affected by the 2017 earthquake in partnership with local non-profits was featured by the “Inter-Press Services” global news agency. Check out their article “[Solar Cookers Produce More Than Food for Mexican Women](#)” and their excellent [video](#) below.



**Picture links to YouTube video.**  
IPS news’ video highlights SHE’s work in Oaxaca, Mexico, and around the world, featuring social enterprise customers as well recipients of humanitarian work.

### Donate to Solar Household Energy!



#### What your contribution can provide:

**\$40** = Training of a solar cooking trainer/distributor (ambassador), and the means to effect change within their community.

**\$75** = Three solar cooker kits for three families, and a smoke free environment.

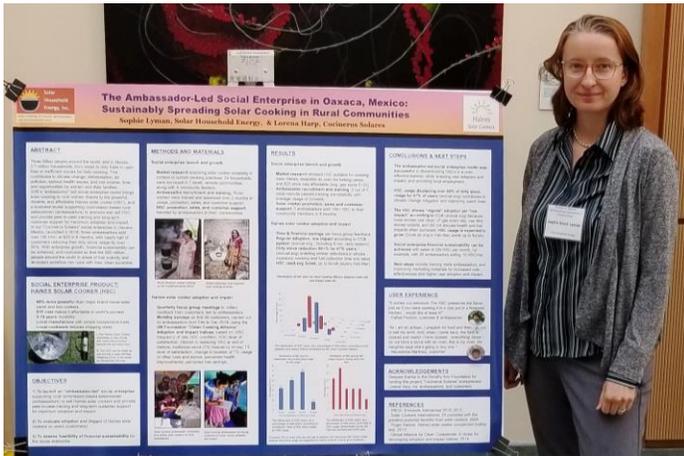
**\$150** = Four solar cookers and long-term follow-up for four families, and a means to self-sustainability.

**\$500** = A month’s worth of solar cooking social enterprise start-up costs, and enhanced capacity and livelihood.

#### Volunteer and internship opportunities in:

- technology research
- local education/demos
- field project support
- administrative support
- fundraising
- website/social media
- writing/editing

For more information, please send inquiries to: [inquiries@she-inc.org](mailto:inquiries@she-inc.org)



Executive Director Sophie Brock had a chance to present the scientific case for solar cookers at the Climate Change Symposium hosted at the National Academy of Sciences on May 3, 2019. SHE's scientific poster showcased the solar cooker adoption and impact evaluation results from the Oaxaca pilot project. The accompanying story and poster can be found [here](#).

Consider a one-time or recurring contribution today, Giving Tuesday 2019, to keep this work going.

Thank you!



Sophie Lyman, Executive Director, and the SHE Team

Solar Household Energy is a non-profit 501(c)3 organization based in Washington, DC. Like us on Facebook, or chime in on Twitter @SolarHouseholdEnergy.