



Solar Household Energy

Solar cooking for Human Development and Environmental Relief

Fall 2025 Newsletter

Dear Friends,

We are delighted to share the news that Lorena Harp, our solar cooking champion in Mexico for over 20 years, has been awarded the prestigious Prize for Women's Creativity in Rural Life, with an award of \$1000 USD, by the Women's World Summit Foundation!



Lorena is among the 8 Laureates chosen by the WWSF Prize Jury for the 2025 awards. As of to-date, WWSF has awarded 500 prizewinners in over 120 countries (1994-2025). Her award page, story and impact on rural women is featured on the WWSF website: <https://www.woman.ch/laureate-2-maria>

Each year on "International Day of Rural Women," October 15, WWSF awards its annual selected Laureates with the Prize, and shares samples of celebrations organized in their local communities. We at SHE will share photos and information about this well-deserved celebration soon!



Donate to Solar Household Energy!

Donate



Send a check to:

Solar Household Energy
c/o Richard Stolz
5 Lochness Ct.
Rockville, MD 20850-2950

What your contribution can provide:

\$40 = Training of a solar cooking ambassador in a rural village, and the means to effect change within their community.

\$75 = Three solar cooker kits for three families, and a smoke free environment.

\$150 = Four solar cookers and long-term follow-up for four families, and a means to self-sustainability.

\$500 = A month's worth of solar cooking social enterprise start-up costs, and enhanced capacity and livelihood.

We also celebrate you, our friends, as it is thanks to your contributions over the years that Lorena has been able to continue her tireless efforts to support poor rural women in Mexico through solar cooking. Your continued support frees poor rural women from the burdens of dirty cookstoves, giving them time, health, savings, and a healthier planet. Please donate today.

Donate



SHE is participating in the **Combined Federal Campaign**. If you are a federal employee or retiree, please consider donating to our organization, [CFC code 32400](#)!

You can also donate on SHE's website via [PayPal](#) to your favorite project – including:

- Solar cookers for poor rural communities in Oaxaca, Mexico
- “100 Families” in Nairobi, Kenya
- Solar cookers for refugees in Kenya, Uganda, and Chad
- Solar cooking education and advocacy
- Solar cooking research and development

In gratitude,



Sophie Lyman, Executive Director,
and the SHE Team

www.she-inc.org